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tumor is histologically benign. (Pathologic Basis of Disease, Robbins, 1974, pp. 1279-1288, 1290-1292)

12—C. As Emboli in the Bloodstream—Carcinomas tend to spread via the lymphatic system, while sarcomas preferentially embolize through blood vessels. (These generalizations are not, however, absolutes.) Regional lymph nodes are frequently excised at the time of removal of the primary tumor in the case of a carcinoma, but not a sarcoma. Hematogenous tumor emboli most frequently involve the liver and lungs. (*ibid*, pg. 121)

13—C. Increase in Unconjugated Serum Bilirubin—The defect in the Dubin-Johnson syndrome lies in defective excretion of conjugated bilirubin and several other substances. No treatment is necessary. (Principles and Practices of Medicine, Harvey, 1972, pg. 785)

14—E. All of the Above—Sprue, ileo-jejunitis, and celiac disease cause fat malabsorption via mucosal abnormalities of the small bowel. Steatorrhea also occurs in chronic pancreatitis due to a deficiency of lipase production. (*ibid*, pg. 751)

15—C. Iron—Free silica (quartz) and silicates (asbestos, mica, talc) are fibrogenic while iron is biologically relatively inert. (Medical Clinics of North America, May, 1973, pp. 594-595)

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TEENAGE MEDICINE

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Patients Who Monitor Blood Pressure at Home More Likely to Comply with Drug Therapy

► The most effective approach to getting high blood pressure patients to take their medicine faithfully is to teach them to monitor their blood pressure at home, according to R. Brian Haynes, M.D., a fellow in the blood and cardiovascular program at McMaster University School of Medicine, Hamilton, Ontario, Canada. He based this statement on a study of hypertensive Canadian steel workers. He said that, in addition to the home readings, periodic checkups were also important.

Other methods tried included educating patients about their disease, and providing medical care and treatment at a convenient site, such as their office or plant.

Dr. Haynes spoke on "Patient Adherence to Therapy" at a day-long conference on "Hypertension Detection and Control," sponsored by Michigan State University, the University of Michigan, and Ciba Pharmaceutical Company. ▲

